## HEALTHY CAREERS DAY

SATURDAY JANUARY 16, 11:30am - 4pm

"Start 2016 with a new direction, learn something inspiring and meet like-minded people"



No1 recommendation since 1973. Consistently reaffirmed by Australia's practitioner population!

Don't miss our special guest for college presentation...
Catherine McEwan, Founder of Nature Care & Ex President of ATMS

## SCHEDULE FOR HEALTHY CAREERS DAY

	12-12:30pm	12:30-1pm	1:00-1:30pm	1:30-2pm	2-2:30pm	2:30-3pm	3-3:30pm
3В	COLLEGE PRESENTATION  Catherine McEwan special guest speaker ~ Founder of Nature Care 1973 ~	12:30-1:30pm FOOD & NUTRITION QUALIFICATIONS  The importance of good Nutrition			2-3pm NATURAL HEALTH & WELLNESS  NATUROPATHY HERBAL MEDICINE HOMOEOPATHY  "Preventative Medicine"		FOOD & NUTRITION QUALIFICATIONS  The importance of good Nutrition
2C	AROMATHERAPY The benefits of essential oils & their uses	<b>REIKI</b> Become a Reiki Master		MASSAGE THERAPY Learn to rub people the right way!	AYURVEDA Applying Ayurvedic techniques	REFLEXOLOGY Heal through feet & hands	
2A	SHIATSU Why is Shiatsu such a profound therapy?		HOLISTIC COUNSELLING + RELATIONSHIP COUNSELLING A transformational perspective	TRANSPERSONAL LIFE COACHING Live Your Purpose	ENERGETIC HEALING + EFT Heal through energy	MEDITATION & MINDFULNESS Learn to facilitate meditation classes	ASTROLOGY Become equipped to do a client readings
2B			{WORKSHOP 1-2pm}  "SMART JUICING FOR HEALTH - IT'S MORE THAN JUST 5.2"				{WORKSHOP 3-4pm} TEA TONICS

**COURSE ADVISORS AVAILABLE FROM 11:30 - 4PM IN ROOM 3A**